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HELPFUL TIPS FOLLOWING CROWN OR VENEER VISITS

You have just undergone a procedure that will result in a healthier, more attractive smile. Unlike most dental offices that utilize prefabricated “temporaries”, the customized provisional that your doctor has made for you will look and feel like a natural tooth.

Slight, post-treatment sensitivity to temperature and biting is not unusual and almost always resolves shortly after placement of your final restoration. You may also experience some soreness at the site where your local anesthetic was given. Advil or Aleve should quickly take care of this (Tylenol for those unable to take Advil and Aleve). To avoid biting the inside of your mouth, please refrain from eating for as long as your numbness lasts.

Prior to your next visit, please follow these simple instructions:

- **Food and Flossing;** Remember that your provisional is held in place with “temporary” cement so we may easily remove it when fitting your final crown. Avoid sticky, chewy foods that may dislodge it. When flossing, pull the floss thru to the side after having placed it between your teeth.
- **Loosening or Loss;** Should your provisional come loose, don’t worry. Please call our office so we can see you to re-cement it. If it should come loose and be lost, call and a new one will be made for you. It is important that your tooth always have a provisional on it to avoid significant extra treatment when you return for your final restoration.

As always, we are just a phone call away should you have any questions or concerns.



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HELPFUL TIPS FOLLOWING PLACEMENT OF A FILLING

You have just undergone a procedure that will result in a healthier, more attractive smile. Your new filling(s) are solid and strong from the moment your doctor has completed the procedure. However, to avoid biting the inside of your mouth, please refrain from eating for as long as your numbness lasts.

Slight, post-treatment sensitivity to temperature and biting is not unusual and almost always resolves in a short time. You may also experience some soreness at the site where your local anesthetic was given or from having had your mouth open for the length of the visit. Advil or Aleve should quickly take care of this (Tylenol for those unable to take Advil or Aleve).

As always, we are just a phone call away should you have any questions or concerns.